

VALERIE GALVIN
Starter Kit

5 x 7 Post Card

Business Card



*The skills I teach,
will help you control
nerves, find physical
comfort and enhance
your expressiveness.*

*This in turn will allow
you to communicate
powerfully; to increase
the strength and impact
of your personal presence
and command maximum
attention in both
your business and*

Valerie's background as a professional singer and actress has equipped her well for her most demanding role, that of a Performance Coach.

In this role she has, since 1989, worked with hundreds of corporate executives, entrepreneurs & small business owners, teaching them the skills they need to maximize their effectiveness as public speakers in any situation.

Working with Valerie produces tangible and practical results, including:

- Increased self confidence
- The ability to communicate powerfully in any interaction
- Greater awareness of your unique qualities and the ability to use them to your advantage
- An increased capacity to effectively respond to stressful situations
- A command of vocal and physical expression that will make any audience, from an individual to a large group, want to hear what you have to say.

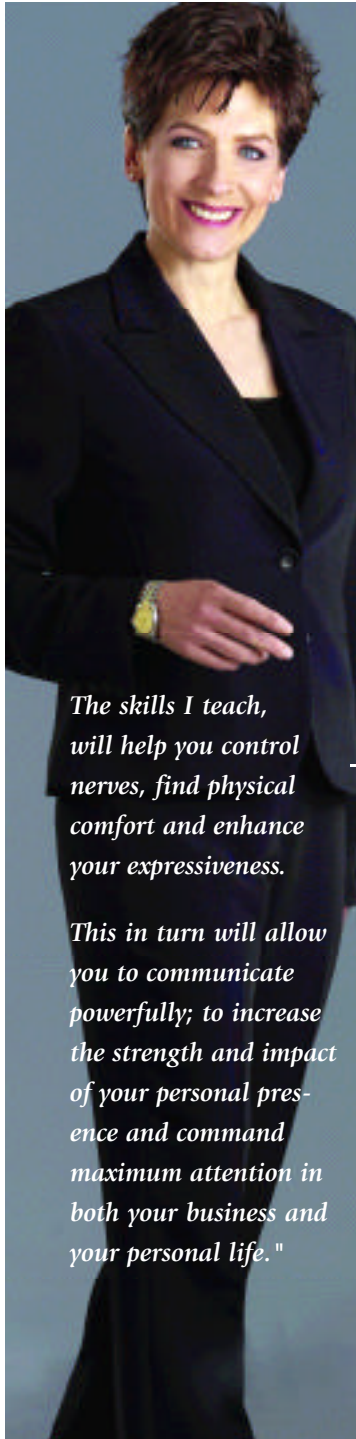
Valerie is a former partner in Executive Performance Training, based in Amsterdam, The Netherlands.

She has trained executives in both Europe and North America, from such companies as Procter & Gamble, 3M, Shell Oil, Petro Canada, Macmillan Bloedel and the Calgary Board of Education.

Stand & Deliver

Valerie Galvin
PERFORMANCE COACH

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The skills I teach, will help you control nerves, find physical comfort and enhance your expressiveness.

This in turn will allow you to communicate powerfully; to increase the strength and impact of your personal presence and command maximum attention in both your business and your personal life."

Stand & Deliver

Valerie Galvin

PERFORMANCE COACH

Overview

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Overview

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Experience

Methodologies

Testimonials

Inspired Network

Links

Contact